

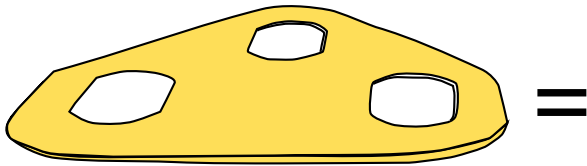


What is the difference between Cleat Wedges & ITS Wedges?

Answer:

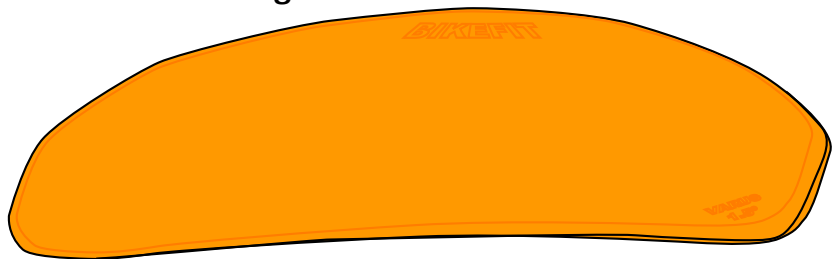
One (1) **Cleat Wedge** at 1.0° equals One (1) **ITS Wedge** at 1.5°

Look type (3-hole)
Cleat Wedge



=

ITS Wedge



Why?

Cycling shoes are RIGID systems.

One (1) outside **Cleat Wedge** tilts the entire cycling shoe 1°. For cyclists with a tilted forefoot, tilting the shoe brings the base of the shoe closer to their NATURAL ANATOMICAL position.

Feet are more FLEXIBLE than cycling shoes.

One (1) **ITS Wedge** creates a 1.5° varus angle inside the shoe. Due to the flexible nature of the foot, the forefoot will absorb part of the varus canting of the ITS Wedge.

Therefore, one (1) ITS Wedge is approximately the same correction as one (1) outside Cleat Wedge.

