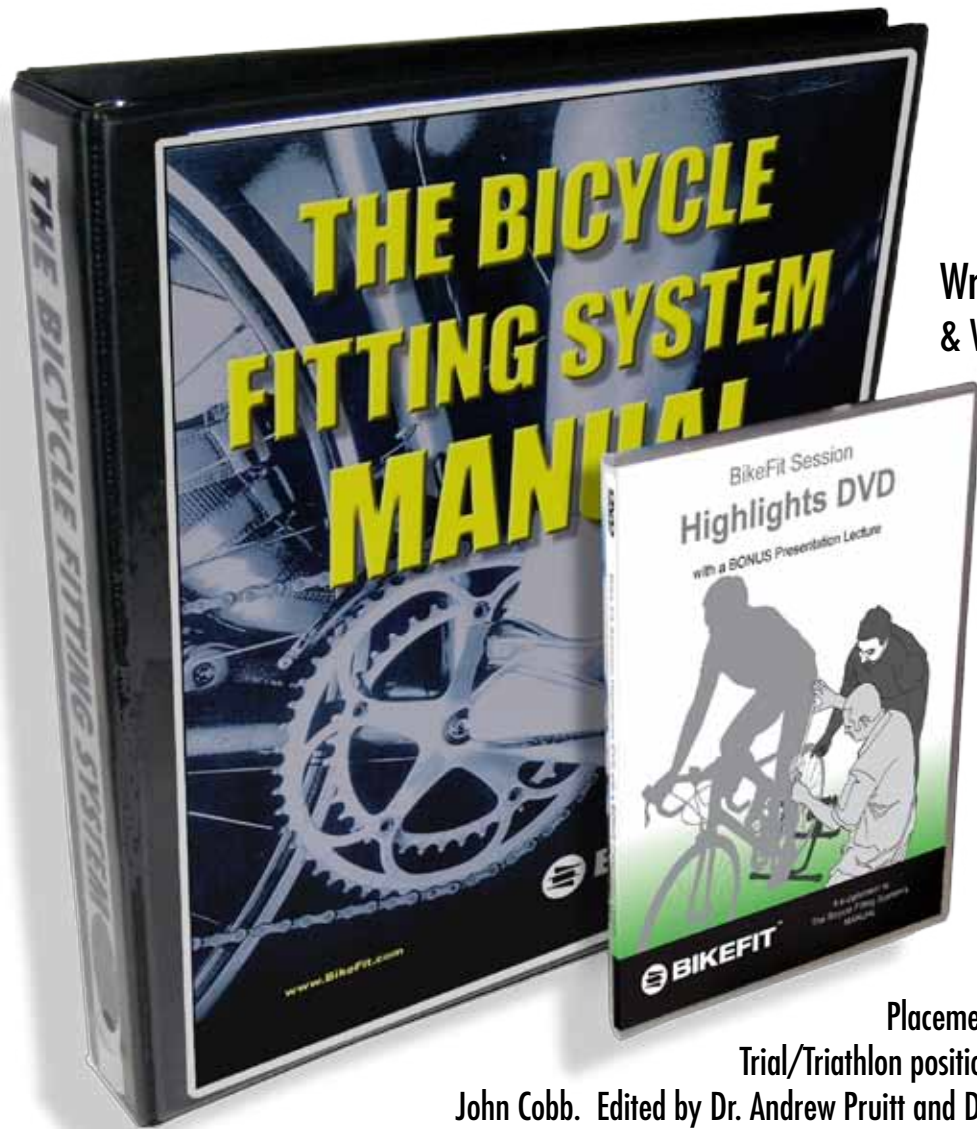


Bike Fitting Tools

The Bicycle Fitting System™ Manual



Part# 50210

MSRP **\$55.95**

Written by **Paul Swift**
& Vint Schoenfeldt (MPT)

This is "the" Technical Guide for Bike Fitters, at any level of expertise. Originally published in 1997, it was the first instruction manual that dealt with Bike Fit from the front view (often called the Z-plane).

This Manual is a 3-ringed binder with over 10 chapters dedicated to all aspects of the sport - Road, Mtn, Track, Time Trial/Triathlon & indoor group cycling. Cleat Placement, Saddle

Placement, Stem/Handlebar placement and Time Trial/Triathlon positioning are all covered. Contributions from John Cobb. Edited by Dr. Andrew Pruitt and Dr. Robert Mohr. The Manual is an original component of The Bicycle Fitting System.

The Bike Fit Session Highlights DVD, (updated September 2009), is an additional feature that helps to illustrate topics in the Manual. This DVD is a great tool that works in conjunction with the Manual for an educational combo that is a complete, easy to understand, step-by-step process. **NEW Bonus Lecture added with 45 minutes of additional information to version 2.**

RUN TIME: 60 minutes LANGUAGE: English FORMAT: NTSC

 **BIKEFIT**™
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