

Cleat Wedge

Speedplay (4-hole)

Studies show that 96% of the population has some misalignment issues at the foot-to-pedal interface. All conventional pedals are flat, while most feet tilt up to the inside (Fig. 1) or to the outside (Fig. 2).

The simple solution of the Cleat Wedge corrects common foot misalignment by placing a wedge at the foot/pedal interface to place the foot in a neutral position throughout the pedaling cycle (Fig. 3 & Fig. 4). Whether it is side-to-side knee movement, inward rotation at the knee, side foot pain or many other symptoms, the patented Cleat Wedge is your simple solution to misalignments.

Bike Fitting Products

Part# 50006

MSRP \$24.95



Figure 1.



FOREFOOT VARUS
FOOT TILTS UP TO THE INSIDE.
87% of People Affected

Figure 2.



FOREFOOT VALGUS
FOOT TILTS UP TO THE OUTSIDE.
9% of People Affected

Figure 3.
Without Cleat Wedge

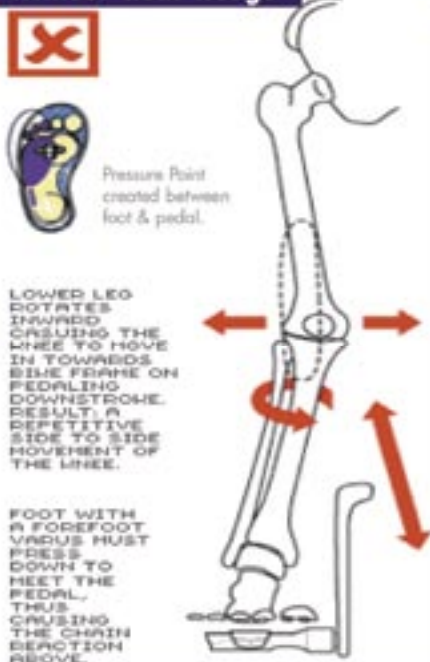
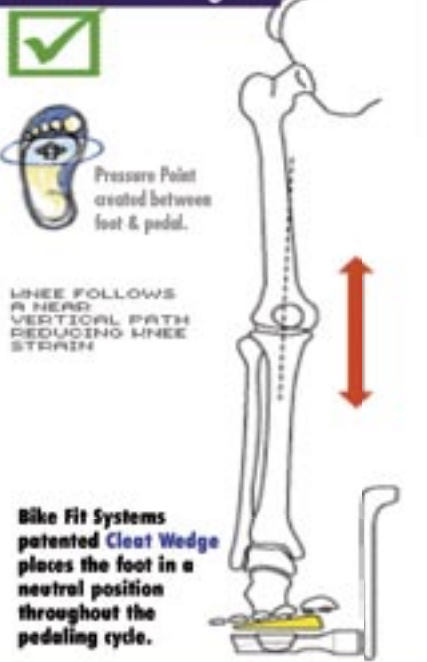
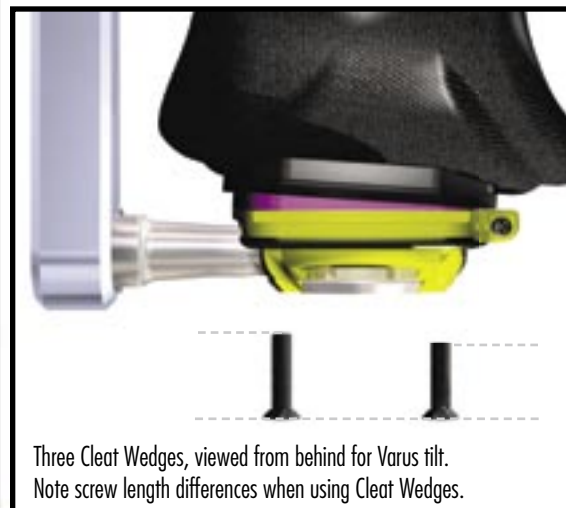


Figure 4.
WITH Cleat Wedge



Bike Fit Systems patented Cleat Wedge places the foot in a neutral position throughout the pedaling cycle.



Three Cleat Wedges, viewed from behind for Varus tilt. Note screw length differences when using Cleat Wedges.

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